



BOOK SIX OF A SERIES OF SIX

A LITTLE CHILD'S FIRST COMMUNION

INTRODUCTION TO THE SPIRITUAL WAY



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Religious of The Cenacle

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A LITTLE CHILD'S FIRST COMMUNION

C O N T E N T S

BOOK ONE:

God Is Love
Creation: God's Gifts of Love

BOOK TWO:

God Is Truth
Our First Parents
A Promise by the God of Truth
The Prophets
God's Own Son

BOOK THREE:

The Mother of God's Own Son
The Story of Saint Joseph
The Life of Jesus
The Blessed Trinity
The Commandments

BOOK FOUR:

Jesus' Church
The Holy Mass

BOOK FIVE:

The Sacraments: Baptism, Penance,
Holy Eucharist
A PREPARATION FOR CON-
FIRMATION

BOOK SIX:

The Sacraments: Extreme Unction,
Holy Orders, Matrimony
A PREPARATION FOR FIRST
HOLY COMMUNION

SIX BOOKS IN THE SERIES
EACH BOOK COMPLETE IN ITSELF



BOOK SIX

A VISITOR, GREAT AND HOLY

Tom and Ann were expecting AN IMPORTANT VISIT. It was to take place on a feast day which was coming very soon.

They had spent several months getting ready. And now they wanted this visit so much that it was hard for them to wait for that great day to come.

The stories in this book tell the very last THINGS THAT TOM AND ANN DID TO PREPARE for the important visit which they were expecting.

Read these stories and tell your classmates what to do when they are expecting a visit from THIS GREAT AND HOLY ONE.

Approved by the National Center of the Confraternity
of Christian Doctrine



JESUS was The Visitor, Great and Holy, Whom Tom and Ann were expecting.

So Tom and Ann spent the evening before their First Communion Day THINKING ABOUT JESUS and His holy visit to them on the very next morning.

They remembered the Acts of Faith, Hope and Love which they had learned TO GREET JESUS on His coming.

Tom and Ann knew that Jesus was coming to make them more and more holy with His Own Love and Truth. So they thought about the THANK YOU they would say to Him.

JESUS
IS
COMING

They also thought about many, many other things they would say to Jesus WHEN HE CAME TO THEM IN THE MORNING.

Of course, they prepared so that everything about them would be clean and neat.

They talked with their father and mother. And they asked their father to tell them just what to do on the morning of their First Holy Communion.



In the next story you will learn what their father told them.



A Test

PAGE

3

There are five sentences in this test.

The first part of each sentence is:

The evening before you receive Holy
Communion, you should prepare for
Jesus' holy visit by

The middle of each sentence is in *Group One*. The
end of each sentence is in *Group Two*.

Put the three parts of each sentence together.

GROUP ONE

. . . thinking . . .
. . . talking . . .
. . . remembering . . .
. . . thinking about what
you will say to . . .
. . . thinking about the
Acts . . .

GROUP TWO

. . . to Jesus.
. . . that Jesus is coming
to make you more holy
with His Love and
Truth.
. . . Jesus when He comes
to you in the morning.
. . . of Faith, Hope and
Love which you have
learned.
. . . about Jesus.

WHAT
THEIR
FATHER
TOLD
TOM
AND
ANN

When
You
Awaken

“W^HEN Tom and Ann were talking with their father, he said:

“Jesus’ Church tells us NOT TO EAT OR DRINK ANYTHING FROM TWELVE O’CLOCK AT NIGHT until after we have received Holy Communion.

“So be very careful not to take a drink during the night or before you go to Holy Mass.”



“As soon as you awaken in the morning, tell Jesus that you are happy because YOU ARE GOING TO RECEIVE HIM IN THE HOLY HOST SO SOON.

“Tell Him that you want to be more holy.

“And ask Him to let you have more of His Love and Truth in you.”



“When you arise, take time to say your morning prayers. And be sure to say the Our Father, the Hail Mary and Acts of Faith, Hope and Love.

“Until Holy Mass begins, prepare for it quietly, thinking all the time of Jesus and asking Jesus’ Mother to watch over you as she watched over Jesus.

“Pray also to Saint Joseph

After
You
Arise

THE
BEGIN-
NING OF
HOLY
MASS

PAGE 6

“And tell Saint Joseph that you want him to take care of you as he took care of Jesus and His holy Mother.

“Now would you like to ask some questions?”

Tom asked: “What prayers shall we say at the beginning of Holy Mass?”



THEIR father answered: “At the beginning of Holy Mass, it is always well to say many Acts of Faith, Hope, Love and Contrition. For these Acts are very pleasing to God and will help to prepare you for the coming of Jesus in The Holy Host.

“Or if you wish, you may offer the prayers given in your prayer-book for ‘The Beginning of Holy Mass.’

“ ‘The First Part of Holy Mass,’ in **Book Four** of ‘A Little Child’s First Communion’ also tells you what to do at the beginning of Holy Mass.

“Let us read pages 38 and 39 together.

“And then I am sure that you will also want to read again what **Book Four** tells about the **MIDDLE OF HOLY MASS** when the bread and wine are changed into The Body and Blood of Jesus. This is told on pages 28, 29, 30 and 31.”

The
Middle
of
Holy
Mass

THE CONSE- CRATION

AFTER Tom and Ann and their father had read the pages from Book Four telling about Holy Mass, Tom asked: "What prayers shall we say at the time the priest changes the bread and wine into The Body and Blood of Jesus?"

Their father answered: "During this part of Holy Mass, you may offer the prayers for The Consecration which you will find in your prayer-book. Or you may offer prayers in your own words.

"But at The Consecration, when Jesus is present offering to His Father FOR US His Own Body and His Own Blood with all of His great, great love and obedience,

DO NOT FORGET TO THANK JESUS
AND TO OFFER HIM YOUR OWN
LOVE AND OBEDIENCE.”



“The stories ‘At Holy Mass with Jesus,’
‘Some Important Advice,’ and ‘Why We
Offer Prayers through Jesus,’ which are all
in **Book Four**, will also help you to know
what to do at this sacred time. Read these
stories. You will find them on pages 32,
33, 34, 35 and 36.”



"MY
LORD
AND
MY
GOD!"

"W HEN the bell rings and the priest holds up high The Holy Host, I always do what Pope Pius X said that he would like to have us do at that time. I look up at The Holy Host and say with great faith and love:

" 'MY LORD AND MY GOD!'

"At this sacred time, I am sure that you, too, will say this prayer, and that you will also want to speak to Jesus and tell Him all that you would have told Him if you had been standing near The Cross when He was dying upon It."



“W HEN the priest holds up high the gold cup in which Jesus is present under the appearance of wine, I look up and say: “ ‘JESUS, MY GOD, I THANK YOU.’ ”

“For I never forget that Jesus is present at The Consecration in Holy Mass to offer Himself to His Father, FOR US — His Own Body and Blood, with all of His great love and obedience, AS HE DID WHEN HE WAS DYING UPON THE CROSS.

“And now that you understand what Jesus is doing for us at this sacred time, I am sure that you, too, will want to say, ‘Jesus, my God, I thank You.’ ”

“JESUS
MY GOD,
I THANK
YOU”

"LORD
I AM
NOT
WORTHY"

"A LITTLE while after The Consecration, you will hear the priest saying in quite a loud voice the Latin words:

" 'DOMINE NON SUM DIGNUS.'

"Then it is well to say the English words which have the very same meaning as these Latin words. The English words are:

" 'LORD, I AM NOT WORTHY.'

"Would you like to ask any other question?"

Ann asked: "How shall we know when to go to the altar-rail? And what shall we do when we are going to receive Jesus in Holy Communion?"

THEIR father replied: "When the priest says: 'Domine non sum dignus,' the bell usually rings three times.

"Soon after this, you should go to the altar-rail to receive Holy Communion.

"And when you go to the altar-rail, keep your hands together and look down so that you will not see anything which will make you forget that JESUS IS COMING TO YOU.

"When you are kneeling at the altar-rail and the priest brings The Holy Host to you, hold your head up, open your mouth and place your tongue upon

RECEIV-
ING
HOLY
COMMUN-
ION



your lower lip. Then the priest will lay
The Holy Host upon your tongue.

“When you receive The Holy Host,
swallow It at once. If a little piece should
stick to the upper part of your mouth,
loosen It with your tongue. But of course
do not touch The Holy Host with your
fingers.

“Return to your place again, keep-
ing your hands together and looking
down, so that you will not see anything
which will cause you to think of it instead
of Jesus.”



"JESUS, your God, is within you.

"He loves you and you love Him.

"SPEAK TO HIM. And as you learned in Book Four, THANK HIM FOR COMING TO YOU. Tell Him that you want to grow more and more like Him.

"ASK HIM TO LET YOU HAVE MORE OF HIS LOVE AND TRUTH IN YOU.

"And also ask Him for all the other good things you would like.

"Pray for the Pope who is the head of Jesus' Church on earth. And pray for the bishops and priests of Jesus' Church.

SPEAKING
WITH
JESUS

THANK-
ING
JESUS

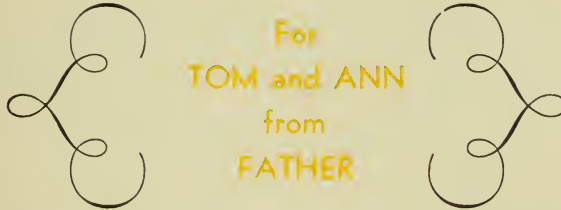
"Then pray for good things for other people. And be sure to ask for many good things for mother and father."



"OF COURSE, before leaving the church, thank Jesus for HIS VISIT, HIS LOVE, and HIS MANY, MANY GIFTS. And tell Him that you will return to receive Him soon again.

"Then say these little prayers which I found in the holiest of all books and have written on this card for you.

"And now, good-night, Tom and Ann."



"**GIVE THANKS** UNTO THE LORD FOR HE
IS GOOD!"



"I WILL **PRAISE** THEE, O LORD MY GOD, WITH
MY WHOLE HEART, AND I WILL **GLO-
RIFY** THY NAME, FOREVER."

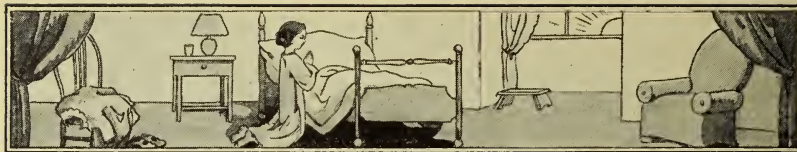


"I WILL **SING** TO THE LORD, WHO GIVETH ME
GOOD THINGS, AND I WILL **SING** TO
THE NAME **OF THE LORD MOST HIGH.**"



"**HEARKEN** TO THE VOICE OF MY PRAYER, O
MY KING AND MY GOD; FOR TO THEE
WILL I **PRAY,** O LORD."

Little
Prayers
of
Praise



A Test: Holy Communion

Find the parts of sentences in A and B that go together.

1 2 3

FROM MIDNIGHT BEFORE HOLY COMMUNION

A

Jesus' Church tells you

As soon as you awaken in the morning, tell
Jesus

When you arise,

Until Holy Mass begins,

B

..... that you are happy because He is coming
to you so soon.

..... not to eat or drink anything from 12 o'clock
at night until after you have received
Holy Communion.

..... prepare for Holy Mass thinking all the time
of Jesus.

..... kneel and say your morning prayers.



DURING MASS BEFORE HOLY COMMUNION

A

At the beginning of Holy Mass,

When the priest holds up The Holy Host, I look up
and say:

When the priest holds up the gold cup in which
Jesus is present under the appearance of wine, I look up
and say:

B

..... "Jesus, my God, I thank You."

..... offer the prayers given in your prayer-book
for the beginning of The Mass, or say Acts
of Faith, Hope, Love and Contrition.

..... "My Lord and my God."



AT THE TIME OF HOLY COMMUNION

A

When the priest says: "Domine non sum dignus,"

.....

When the time comes for Holy Communion, walk to
the altar-rail, looking

When the priest brings The Holy Host to you,

.....

Do not touch

B

..... The Holy Host with your fingers.

..... down and keeping your hands together.

..... hold your head up, open your mouth, and
place your tongue upon your lower lip.

..... I say the English words: "Lord, I am not
worthy."



AFTER HOLY COMMUNION

A

Return to your place, looking

Jesus, your God, is within you. Tell

Ask Jesus to give

Say Acts of

B

..... you many good things for yourself and others.

..... Faith, Hope and Love (Book Four, page 41).

..... down and keeping your hands together.

..... Him that you want to grow more and more like Him.



Read the sentences to someone at home and ask if you have put them together right.




THE HOLY HOST

Music by
CORNELIA S. CRANE


Je - sus in the Host so Ho - ly,
Thou wilt come to me so low - ly
Je - sus how I long for Thee
Come sweet Je - sus, come to me.

THEIR father said to Tom and Ann:

“When Jesus comes to you in Holy Communion, would you like to offer Him a bouquet  of flowers?”

They said that they would like to do this if he would tell them what flowers to offer.

Their father answered:

“For the rose  in your bouquet you may say this prayer:

“ ‘JESUS, MY GOD, GIVE ME MORE
OF YOUR LOVE EACH DAY.’

TOM
AND
ANN
OFFER
FLOWERS
TO
JESUS

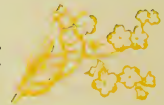
Little
Prayers
to
Jesus

"For the lily of the valley
you may say:



" 'JESUS, YOU LOVE ME; MAKE ME
MORE AND MORE LIKE YOU
IN HOLINESS.'

"For the forget-me-not



say:

" 'MY JESUS, HELP ME
NEVER, NEVER TO FORGET YOU.'

"For the violet



you may say:

" 'JESUS, MY MODEL,
I WANT TO BE LIKE YOU:
HELP ME NEVER TO BE PROUD.'

"For the ferns



say this prayer:

" 'JESUS MOST TRUE,
HELP ME ALWAYS TO BE TRUE.' "

"WHEN Jesus was living upon this earth, He told many stories to those who followed Him. For Jesus often used stories when He was teaching the people.

"Some of the stories Jesus told are about HEAVEN.

"And now perhaps you would like to hear some of these stories."

Tom and Ann said that they would like very much to hear them.

And these are the stories their father told Tom and Ann that evening:



"Heaven, you know, is Jesus' kingdom.

"And when we die, of course we all want to be in heaven.

SOME
STORIES
TOLD
BY
JESUS

"Jesus Himself tells us that Holy Communion prepares us for heaven.

"For He said:

" 'I AM THE BREAD OF LIFE . . .

" 'IF ANY MAN EAT OF THIS BREAD,
" 'HE SHALL LIVE FOREVER.'

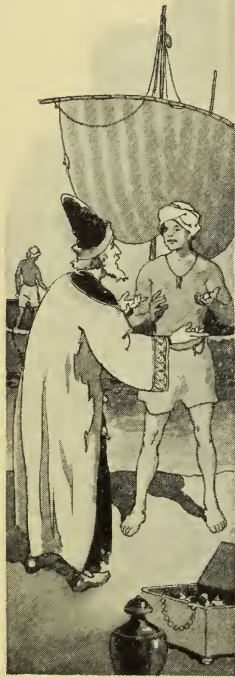
"When Jesus said, 'I Am The Bread of Life,' He meant that in Holy Communion He Himself becomes our BREAD.

"And when Jesus said that those who ate of THIS BREAD would live FOREVER, He meant that those who received Holy Communion lovingly all their lives here on earth WOULD THEN BE IN HIS KINGDOM FOREVER."



"These are some other stories about heaven that Jesus Himself told us.

" 'THE KINGDOM OF HEAVEN is like to a merchant seeking good pearls; who, when he had found ONE PEARL OF GREAT PRICE, went his way, and SOLD ALL that he had, and BOUGHT IT.' "



“ ‘Again, THE KINGDOM OF HEAVEN is like to a net cast into the sea, and gathering together of all kinds of fishes; which, when it was filled, they drew out, and sitting by the shore, THEY CHOSE OUT THE GOOD INTO VESSELS, but the bad they cast forth.

“ ‘SO SHALL IT BE AT THE END OF THE WORLD. The angels shall go out, and shall separate the wicked from among the just.’ ”



A Test: What Is It?

It is like a pearl of great price.
It is like a net cast into the sea.
It is Jesus' kingdom.
It lasts forever.

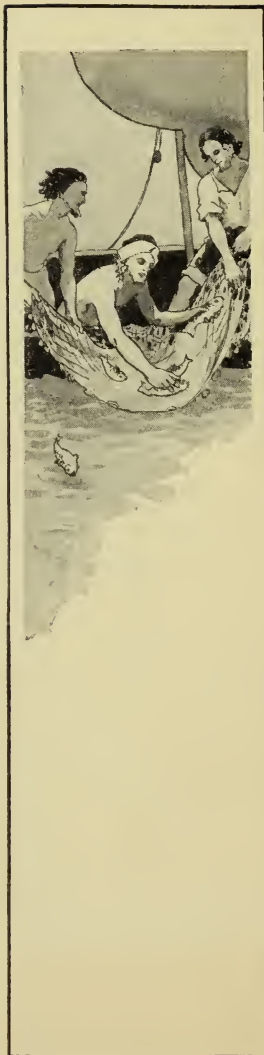
What is it?

“If any man eat of This Bread he shall live forever.”
It prepares us for Jesus' kingdom.
When we receive It, Jesus comes to us.
When we receive It, Jesus gives us of His Holiness.

What is it?

It will be the last thing to happen on earth.
The angels will separate the good from the bad.
The good will be full of joy.
The wicked will be very sad.

What is it?



VISITS
TO
JESUS

WHEN the priest was talking with Tom and Ann on their First Communion Day, he said to them: "After Holy Communion, the priest places a gold cup in a little home on the altar. And in this gold cup some HOLY HOSTS ARE KEPT.

"This little home has a door which is always locked except when the priest opens it.

"It is called THE TABERNACLE.

"So whenever you go to Jesus' Church, you can visit Jesus in The Holy Host.

"And you should genuflect when you come in and before you leave. For to genuflect is one way to show honor to Jesus."

Tom said to Ann: "Let us visit Jesus in
The Holy Host every day."

And the priest said: "May God bless
you both."



A Project

Ask someone at home to show you how to genuflect correctly. Then teach some younger child how to show honor to Jesus by genuflecting.



FOR YOUR COMMUNION NOTEBOOK OR PROJECT PAGES

Draw the flowers of the bouquet you offered to Jesus. If you cannot draw the flowers cut them out of seed catalogues or magazines.

Under each flower write its name and the prayer you said.

Showing
Honor
to
Jesus



The Sacred Vessels

C-i-b-o-r-i-u-m — In the picture, the large gold cup with the cover on it is called a *ciborium*. The small hosts are placed in the ciborium to be consecrated.

After the Consecration, The Holy Hosts which have not been given to the people at Holy Communion are kept in the ciborium. And the ciborium is kept in the tabernacle.

C-h-a-l-i-c-e — The other gold cup is called a *chalice*. The chalice is to hold the wine which is to be consecrated. And after The Consecration, Jesus is present under the appearance of wine.

P-a-t-e-n — The little gold plate near the chalice is called a *paten*. On the paten is a large host. The large host becomes A Holy Host when the priest uses the power Jesus gave him. It is This Host which the priest holds up high.

Draw a ciborium, a chalice and a paten.

A RECORD OF HOLY COMMUNIONS

On both inside covers of your First Communion Notebook draw lines one inch apart from top to bottom and then from side to side, thus covering each page with one-inch squares.

Each time you receive Holy Communion, draw a flower in one square. Draw the flower which shows what prayer you have offered most often to Jesus.



Try to find a picture showing Jesus teaching little children, a picture showing a child visiting Jesus in The Holy Host, and a picture showing children receiving Holy Communion.

Under each picture write a sentence explaining what the picture tells.



ONE DAY, after their First Holy Communion, when Tom and Ann were talking again with their father, Ann said: "Now we know about four Sacraments. But there are seven. Please tell us about the other three Sacraments."



OTHER
SACRA-
MENTS

WHEN
WE
ARE
VERY
SICK

THEIR father answered: "There is one Sacrament which the priest gives us when we are very sick.

"Suppose that I were very sick.

"Then mother would send for the priest, and the priest would come bringing holy oil. With the holy oil he would anoint my eyes, my ears, my nostrils, my mouth and my hands. And during the anointing, the priest would pray to God to forgive all the sins that I had ever committed in using my eyes, my ears, my nostrils, my mouth and my hands.

"Then I would have received the Sacrament called Extreme Unction.

“I am telling you now only a little about the Sacrament of Extreme Unction. But later in your life you will learn more about this Sacrament, and just what mother or you or I should do to be ready for the priest if he were coming to our house to give the Sacrament of Extreme Unction.”



What Sacrament can a person receive only when he is very sick?

When anyone is receiving the Sacrament of Extreme Unction, what does the priest use when he is anointing him?

When anyone is receiving the Sacrament of Extreme Unction, what parts of his body are anointed?

When the priest is anointing anyone, what does he ask God to do for that person?

The
Sacrament
of
Extreme
Unction

The
Sacrament
of
Matrimony



“THERE are two other Sacraments.

“MOTHER AND I RECEIVED THE SACRAMENT CALLED MATRIMONY WHEN WE WERE MARRIED.

“You will learn much more about the Sacrament of Matrimony when you are older. For good Catholics always try to find out all that Jesus’ Church teaches about every Sacrament.

“And Jesus’ Church tells us some very important things about marriage. For it tells those who are going to be married and those who are married what they must do if they want to have God’s blessing for themselves and for their children.

"ANOTHER Sacrament of Jesus' Church is called Holy Orders. And all of Jesus' priests have received this Sacrament.

"FOR TO BECOME ONE OF JESUS' PRIESTS IT IS NECESSARY TO RECEIVE THE SACRAMENT CALLED HOLY ORDERS.

"Jesus' bishops and priests are given the power to offer Holy Mass. They are given the power to forgive our sins. And it is through Jesus' bishops and priests that we receive all the other Sacraments.

"So you see how grateful we should be to Jesus for giving us the Sacrament of Holy Orders."

The
Sacrament
of
Holy Orders



A
WORD
GAME

"NOW YOU know the names of all the Sacraments of Jesus' Church. How many are there?"

"Seven," answered Ann.

"To help you remember the names of the Sacraments, I will give you a word game. Here is a card with the names of the seven Sacraments written backward.

msitpaB
noitamrifnoC

tsirahcuE yloH
ecnaneP
noitcnU emertxE

sredrO yloH
ynomirtaM

"Turn the words around and write them in your First Communion Notebook.

"Begin each word with a capital letter.

"When you have finished, give the card to mother and ask her to play the game."

Child's Name:

PAGE

37

-
- can do the test on page 3 correctly.
- can do "A Test: Holy Communion" on pages 18, 19, 20 and 21 correctly.
- knows the little prayers on pages 23 and 24.
- can say or sing the verse, "The Holy Host."
- can name the seven Sacraments and tell when we receive each one of them.
- has kept a neat First Communion Notebook or has finished some neat project pages approved by the teacher.
- can tell in a child's own words what *Book Six* teaches about preparing for Holy Communion.
- can tell how we are to act when we are going to the altar-rail to receive Holy Communion; how we are to act when we are receiving Holy Communion; how we are to act after we have received Holy Communion.
- knows a prayer to say when the priest holds up high The Holy Host.
- knows a prayer to say after the priest has consecrated the wine.
- knows the prayers on page 17.
- can tell two stories about Jesus' kingdom.
- can genuflect correctly.
- knows what this book teaches about Holy Orders and Matrimony.



.....

Parent's Signature

Project Page

Project Page

Project Page

